

MOST NEEDED ITEMS

BOXED MEALS

(WHITE RICE, SPAGHETTI, INSTANT MASHED POTATOES, OATMEAL, GRAVY PACKETS)

CANNED VEGETABLES

(GREEN BEANS, CORN, MIXED VEGETABLES)

CANNED FISH & MEAT

(TUNA OR CHICKEN, IN WATER)

WHY GIVE

17% of Harris County residents are food insecure

1 in 5 children face chronic hunger

OTHER WAYS TO GIVE

DONATE TODAY

SHOP AMAZON





WHO IS TARGET HUNGER?

The mission of Target Hunger is to alleviate hunger and its root causes in the Houston neighborhoods we serve. Our vision is a Houston where no one goes hungry.

Since 1989, Target Hunger has been on the front lines of hunger every day with its **Food Assistance, Social Service Navigation, and Disaster Response Programs.** We are one of Houston's largest non-profit organizations providing direct food assistance to food insecure children, families, and seniors who face the risk of going hungry every day.



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