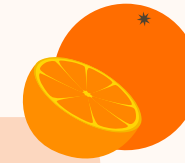


HUNGER ACTION MONTH



www.targethunger.org
@TargetHungerHouston

September 2021

Monday

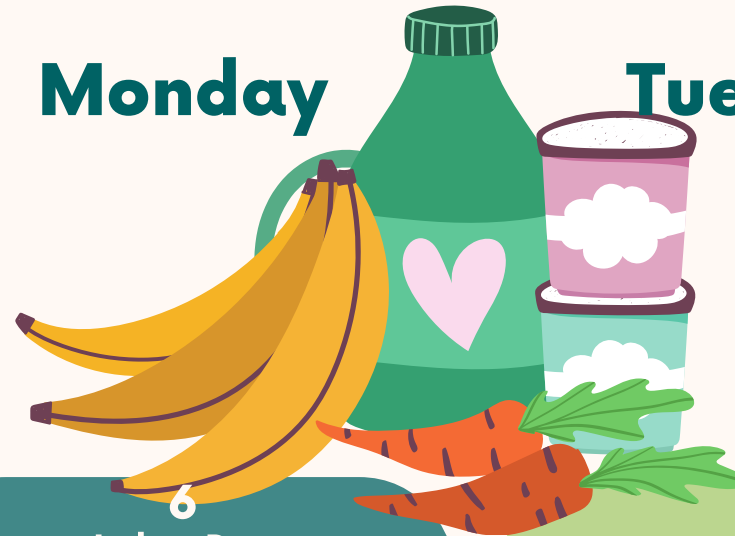
Tuesday

Wednesday

Thursday

Friday

Sat/Sun



6
Labor Day

Many lost their jobs due to the pandemic. Take a meal to someone you know who lost theirs, or donate a meal for someone in the community.

7
CANnecting is Caring

Gather your team and sign-up for a CANnecting drive with us - you can do in-person or virtual!

1
Hunger Action Month Begins!

Go orange on social media to let everyone know its Hunger Action Month!

2

Awareness is everything - share this calendar on social and let your friends know what you are committing to this month!

3

Monthly Giving

Reliable donations keep us going - commit to monthly donations for the next year and make a difference!

4/5

Weekend Clean Out

Take advantage of the long weekend - clean out your pantry and donate your cans!

8

Talk to the kids in your life about hunger and how they can get involved. We'd love to have the whole family for **volunteering!**

9

Gardening Day

Sign-up to volunteer in our gardens and enjoy a morning outside!

10

Movie Night

Watch *A Place at the Table* to learn more about hunger and food insecurity in America.

11/12

9/11 Remembrance Day

Donate \$11 (or more!) in honor of our first responders, military personnel, and veterans.

13

Friday is Hunger Action Day - sign-up to volunteer with us and make a difference! Also, wear orange this week!

14

Awareness

Post a selfie with an empty plate to raise awareness on food insecurity and tag us.

15

Monthly Giving

Reliable donations keep us going - commit to monthly donations for the next year and make a difference!

16

Amazon Smile

Claim Target Hunger as your organization of choice for donations every time you shop!

17

Hunger Action Day

Wear orange today and volunteer with us to raise awareness about hunger!

18/19

Take the SNAP Challenge

Spend only \$4.07 per day on food for the week and experience what life can be like for low-income Houstonians on SNAP.

20

Donate Your Lunch

Pack your lunch today and donate what you would have spent on your meal.

21

Reading List

Find a book about hunger/hunger related issues, and read it! Our suggestions - *Nickel & Dimed* or *The American Way of Eating*.

22

Amazon

Shop our Amazon Wishlist and have your donated items sent directly to us!

23

Write a Letter

Do your homework on a hunger or poverty related issue and write a local, state or federal legislator advocating on behalf of our hungry neighbors.

24

CANnecting is Caring

Gather your friends & family and sign-up for a CANnecting drive with us - you can do in-person or virtual!

25/26

Use the weekend to reflect on what hunger means in our community. If you took the SNAP Challenge share your thoughts and tag us on social media.

27

Awareness

Use our social media frame and share a picture of how you have made a difference this month!

28

National Good Neighbor Day

Do something nice for your neighbor today.

29

National Coffee Day

Donate the cost of your morning coffee order!

30

Monthly Giving

Reliable donations keep us going - commit to monthly donations for the next year and make a difference!

